

Table Grape	
Nutrition Facts	
Serving Size 3/4 cup (126g/4.5oz.)	
Amount Per Serving	
Calories 90	Calories from fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0g	0%
Sodium 15mg	1%
Potassium 240mg	7%
Total Carbohydrates 23g	8%
Dietary Fiber 1g	4%
Sugars 20g	
Protein 0g	
Vitamin A 0%	Calcium 2%
Vitamin C 2%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Fiber	25g 30g